

SOUTHWEST PA SAYS

NO MORE

TOGETHER WE CAN END
DOMESTIC VIOLENCE & SEXUAL ASSAULT

1 in 3 women has experienced some form of physical, sexual, verbal or emotional abuse or harassment.

Does the person you love:

- Keep track of where you are and who you are with?
- Express jealousy if you want to spend time with family or friends?
Make you feel like you're walking on eggshells?
- Threaten violence against you, your children, your pets or themselves?

These behaviors can indicate abuse, and you may be in danger.

Free and confidential help is available to people of any gender.

You can call the following numbers to get support, ask questions, or learn about services.

Victims of domestic violence

Women's Center & Shelter of Greater Pittsburgh: 412-687-8005

Victims of domestic violence in the northern Allegheny Valley region

Alle-Kiski Area HOPE Center: 724-224-1266

Victims of domestic violence in northwest Allegheny County

Crisis Center North: 1-866-782-0911

Victims of domestic violence, sexual assault or other types of crime

Center for Victims: 1-866-644-2882

Victims of sexual harassment, child sexual abuse or sexual assault

Pittsburgh Action Against Rape: 1-866-END-RAPE or 1-866-363-7273

Victims of sexual harassment or assault who want consultation about their legal rights

#MeTooPA, of Women's Law Project: 412-281-2892, M-F, 9am-5pm

Or Call 211 to find a local resource that can help you.



You don't have to feel alone. Please reach out.

Adapted from the Silent Witness project of the National Council of Jewish Women